

UnityPoint Health – Meriter Hospital
Madison, WI

Format for Baby Showers for Mothers with Opioid Use Disorder (OUD)

***NOW BEING HELD VIRTUALLY*

Note: The idea came from one of the providers in the high risk clinic Jackie Adams, MD. They have done 2 virtually now and felt it was a success.

Sample schedule:

- Introduction
- Labor education 30 minutes
- Lactation 10 minutes
- PT/OT 10 minutes
- Newborn Hospitalist 10-15 minutes
- NICU/L&D online tour 10 minutes
- Introduction to 4th Trimester Resources
- Pregnancy2Recovery 10 minutes
- Care Coordination 5-10 minutes

Note: To keep the "baby shower" feel moms are sent a treat bag and diapers in the mail.