

APPENDIX O: PREECLAMPSIA FOUNDATION SIGNS AND SYMPTOMS INFORMATION SHEET

Ask Your Doctor or Midwife

Preeclampsia

What Is It?

Preeclampsia is a serious disease related to high blood pressure. It can happen to any pregnant woman.







Risks to You

- Seizures
- Stroke
- Organ damage
- Death

Risks to Your Baby

- Premature birth
- Death

Signs of Preeclampsia

 Stomach pain	 Headaches
 Feeling nauseous; throwing up	 Seeing spots
 Swelling in your hands and face	 Gaining more than 5 pounds in a week

What Should You Do?

Call your doctor right away. Finding preeclampsia early is important for you and your baby.

For more information go to www.preeclampsia.org

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