

Taking a Blood Pressure

Correct Position!

- Sitting or Semi Fowlers
- Feet flat, not dangling
- If BP \geq 160 systolic **and/or** \geq 110 diastolic, take steps to initiate treatment for severe hypertension— notifying provider, procuring medication

DO NOT REPOSITION PATIENT (yet)

- **Retake BP after 15 minutes.** If BP remains severe, obtain order for medication.
- Administer medication as ordered

Treat ASAP—at least within 1 hour of 1st severe reading

Correct Cuff Size!



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For more detailed information see our website.

www.opqic.org